

Examples of Sex Ed Curricula	Abstinence Education	Human Sexuality	Contraceptives: Biology/Anatomy	Drug/Alcohol Abuse Prevention	STD/HIV Education	Unplanned Pregnancy Prevention	Decision Making Skills	Communication Skills	Parent Involvement	Community Service	Existing Research Findings
<b>Sex Respect, Teen-Aid, Values and Choices</b> Weed, Olsen, DeGaston, Prigmore 1992	X			X			X				Very little rigorous evaluation of abstinence-only programs has been completed. Existing evaluation of abstinence only education show no effect in delaying sexual intercourse or increasing abstinence.
<b>Health for Life Project</b> Moberg, Piper 1998	X	X	X	X	X	X	X	X	X	X	Opponents of all types of comprehensive sexuality education argue that it undermines abstinence and encourages sexual experimentation. However, an international review of 19 programs found that none increased the level of sexual activity. In fact, some programs show decreases in sexual activity.
<b>Skills for Healthy Relationships</b> Warren, King 1994	X		X				X	X			Skills training is integral to the application of knowledge. Condom skills, including use and purchase, are important to consistent use. Condom availability programs are most effective when provided in conjunction with contraceptive counseling and follow-up care.
<b>Project IMPACT</b> Liebermann, Gray, Wier, Fiorentino, Maloney 2000	X	X	X	X	X	X	X				Comprehensive sex education provides thorough coverage of avoiding unprotected sex. These programs focus on prevention and safety, and provide education about abstinence and safe sex.
<b>Girls Incorporated Preventing Adolescent Pregnancy</b> Girls Incorporated 2000	X		X		X	X	X	X			Gender specific strategies explore and address the separate social influences that affect females, including: divergent societal expectations, sexuality, and sexual responsibility. These strategies may be particularly important to empowering young women to make healthy
<b>Youth AIDS Prevention Project</b> Levy, Perhats, Weeks, Handler, Zhu, Flay 1995 Weeks, Levy, Gordon, Handler, Perhats, Flay 1997			X		X	X	X	X			We know that knowledge alone is not enough to change behaviors. Effective programs provide modeling and the opportunity to practice communication, negotiation, and refusal skills.
<b>Reach for Health and Community Health Service Learning</b> O'Donnell, Stueve, Doval, Duran, Harber, Atnafou, Johnson, Grant, Murray, Juhn, Tang, Piessens 1999			X	X	X	X				X	Service projects take youth into their communities. Involving young people with community organizations and service enhances self-esteem and communications skills, as well as the ability to see the benefits of healthy and safe sexuality.

Above research included in: Kirby, D. (2001). *Emerging Answers: Research Findings on Programs to Reduce Teen Pregnancy*. Washington, DC: National Campaign to Prevent Teen Pregnancy.